

# NEXT IAS

## anubhava-2025

ESSAY-Test  
निबन्ध-परीक्षा  
CSE 2025

कार्यालय के प्रयोग हेतु  
For Office Use

निर्धारित समय तीन घंटे  
Time Allowed: Three Hours

अधिकतम अंक 250  
Maximum Marks: 250

### General Instructions

This question-cum-Answer (QCA) Booklet contains 32 pages. Question Paper in detachable form is available at the end of the QCA Booklet which can be taken away by the candidate after examination.

Two blank pages (Page Nos. 31-32) have been provided for rough work.

On receipt of the Booklet, please check that this QCA Booklet does not have any shortcomings, torn or missing pages, etc. If so, get it replaced with a fresh QCA Booklet.

### सामान्य अनुदेश

इस प्रश्न-सह-उत्तर (क्यू० सी० ए०) पुस्तिका में 32 पृष्ठ हैं। प्रश्न-पत्र क्यू० सी० ए० पुस्तिका के अन्त में संलग्न है, जो अलग (विद्योप्य) किया जा सकता है और उम्मीदवार परीक्षा के उपरांत अपने साथ ले जा सकते हैं।

रफ कार्य के लिए दो खाली पृष्ठ (पृष्ठ सं० 31-32) दिए गए हैं।

पुस्तिका प्राप्त होने पर, कृपया यह जाँच कर लें कि इस क्यू० सी० ए० पुस्तिका में कोई कमी न हो, फटा हुआ पृष्ठ न हो अथवा कोई पृष्ठ गायब न हो इत्यादि। यदि ऐसा हो, तो इसके बदले नई क्यू० सी० ए० पुस्तिका प्राप्त कर लें।

(To be filled by candidate)

All fields mandatory

(Inaccurate/Incomplete information may lead to delay in the evaluation process)

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Next IAS Roll No. : CAVA25ECL1569 Phone No. :

Test Code → TC- 005

Date of Examination : 01<sup>st</sup> AUGUST 2025

Exam Centre : Old Rajinder Nagar

Jampur

Prayagraj

Online

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Invigilator's Signature

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प्राप्तांक के विवरण (परीक्षक द्वारा भरा जाए) / Marks Details [To be filled by the Examiner(s)]

	निबन्ध विषय सं० Essay Topic No.	अंक Marks	
खण्ड-A Section-A			
खण्ड-B Section-B			
सकल योग / Grand Total			

Your performance vis-a-vis other examinees-

Front Runner	Achiever	Aspirant

Parameters	<i>Exemplary</i>	<i>Good</i>	<i>Average</i>	<i>Needs Improvement</i>
Understanding				
Coherence				
Lucidity				
Structuring				
Presentation				

**EVALUATOR'S FEEDBACK: ESSAY SECTION-B**

Parameters	<i>Exemplary</i>	<i>Good</i>	<i>Average</i>	<i>Needs Improvement</i>
Understanding				
Coherence				
Lucidity				
Structuring				
Presentation				

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## खण्ड-A / Section-A

- Q.1 Righteousness is the foundation stone of peace and good governance.  
धर्मनिष्ठा ही शांति और सुशासन की आधारशिला है।
- Q.2 Multilateral Organisations today have no teeth to bite, if they do, they don't bite.  
आज के बहुपक्षीय संगठन निष्प्रभावी हो चुके हैं - जिनमें सामर्थ्य है भी, वे उसका उपयोग नहीं करते।
- Q.3 Economic growth without investment in human development is unsustainable and unethical.  
मानव विकास में निवेश के बिना आर्थिक वृद्धि अस्थायी और अनेतिक है।
- Q.4 Urbanisation without planning is a disaster in slow motion.  
नियोजन के बिना नगरीकरण धीमी गति से आने वाली एक आपदा है।

## Section-A

1. Righteousness is the foundation stone of  
peace and good governance.

Stakes were high. Apprehensions<sup>were</sup> nearing to realization. When world powers were waiting, India was avoiding every step that could lead to misadventure of further balkanisation of land, after the brutal and bloody Partition in 1947. Tensions still rose high in an extremely diverse state, born recently. Death of Sriramulu in 1952 further increased the anxieties. Would India be able to survive as a country? Not only it did survive, it became the cradle of

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civilizations. Why? Because, India chose path of righteousness, through linguistic Reorganisation of states, provision of asymmetric federalism and affirmative actions. This established peace and good governance.

Pakistan, which was born on the highly supported plank of 'religion' could not sustain itself. With its exploitation of people of East Pakistan and denial of right to dignity, it disintegrated in 1971. Those unrighteous actions in the form of operation Searchlight still haunts it today!!

This is the power of righteous actions. What all constitute righteousness? How does it lay foundation of peace and good governance? What happens if righteousness is ignored? How to ensure righteousness in actions? This essay explores all these aspects. Let's begin....

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Righteousness - the dharmic actions

Righteousness refers to the attitude of moral thinking and actions at all times. It is the ability to wade past all distractions in the disturbing waters and still appear on the shore with intentions of right actions. The set of beliefs and values that guide an individual and society to seek well-being of all constitute righteousness.

For example, Gandhiji's concept of 'satya' and 'ahimsa' at all times represent righteousness. It is a value that promote integrity and ethical action even when no one is observing.

Lord Ram's acceptance of exile without questioning, Mother Teresa's love for old and sick and Kailash Satyarthi's work for children - all emanate from quality of righteousness.

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Moreover, it is not just confined to individual action but forms the basic unit of survival of the world. It is the foundation of all religions around the world. Hindu concept of 'dharma', Jewish force of 'spenda mainyu', Buddhist 'ashtangik marga' — all call for righteous actions.

'Sarve Bhavantu Sukhinah'

This mantra calls for well-being of all through ethical path. The concept of 'Su-rajya' is a manifestation of righteous state. Righteousness ensures peace and order in the society as all individuals work in consonance not to hurt interests of others and this ensures justice and good governance.

## Righteousness - foundation stone of peace and <sup>good</sup> governance

Additionally, righteousness ensures positive ripples of deeds cross through oceanic waters and reach those in need. It spreads morality and continues the chain of good actions.

Ashoka's adoption of 'dhammaghosh' is socio-cultural annexation rather than 'Beirighosh' - political conquests, led to expansion of peace and good governance.

Similarly, righteous actions of T.N. Seshan to bring electoral reforms established the foundation of free and fair elections that India still continues to reap. The edifice of good governance needs strong roots of courageous and ethical values.

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Eventually, it leads to satisfaction of masses and continued prosperity. The era of Vijaynagar empire under Krishnadevaraya is known for ethical-moral code of conduct. The public trust that he gained ensured flourishing trade and wealth in the kingdom.

Not only this, in contemporary times the regional disparity in economic development of certain states is also a result of righteous actions taken by few. Consider the recent case of Kerala Health Minister's adorable action of including Biryani in mid-day meals on the request from a four-year old Shanku. "Thank you Minister aunty", he expressed his happiness.

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Consequences of ignorance of righteousness.

However, just as righteous actions establish peace and good-governance, ignorance may also lead to chaos and destruction. It instills dissatisfaction among masses causing breach of public trust. The revolt of 1857 based on unjust policies of British Raj is a case in point.

“I was riding a tiger, without knowing how to get off without being eaten”  
— P. Raju, mastermind of satyam scandal.

Not only states, but also individuals are destroyed by immoral actions.

The examples of Hitler, Mussolini, Gadafji all prove this beyond any doubt.

Even the individual actions of Sheikh Hasina led to chaos in Bangladesh.

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In the same light, deviation from from path of righteousness clouds the judgement and compel us to take immoral decisions. The highly oppressive Khomeini's regime was shook to its foundation after the Iran protests post death of Mhasa Amini in custody of morality police.

Even in the corporate sector, the unethical conduct of leaders can bring down entire governance structure of the company. The corrupt practices of Jaggi brothers for self-interest brought down entire corporation of Blue-Smart. Yellow vest protests in France, Tiananmen square demonstration of China, Aragalya in Sri Lanka - all demonstrate the value of righteousness as foundation stone of peace and "good governance".

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The road to righteousness

Even though, righteousness has been established to be a sine qua non for good governance, achieving it is easier said than done. It requires absolute faith in one's capabilities of morality. Fickle-minded leaders often fail to remain steadfast on the path of justice.

To establish righteousness, peace and good governance, people are to be kept at 'heart' of all actions. Adequate means of constructive criticism, presence of just and trust worthy institutions and effective grievance redressal are some facts to the path sought. The concepts of compassion and objectivity guides the way forward.

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In addition, the belief in Jainism's concept of 'Anekantvada' where solution may appear from different directions - also facilitate path of righteousness. dal Bahadur Shastri ji's undeviated adherence to morality made him the epitome of good governance.

Similarly, Sam Manekshaw's valour proved decisive in winning the Bangladesh war of liberation and establishing good governance in the country. The path to righteousness also demand sacrifices of personal cravings and keeping the notion of service always high. The thought of world as a common family also emanate from belief in righteousness.

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Reaching the heights

While, righteousness provides foundation for peace and good governance, its sustenance depends on presence of checks and balances.

It is often said,

° Power corrupts, but absolute power corrupts absolutely?

Moreover, the adherence to principles of Madhyam marga where leaders and citizens both guide each other's conduct lead to a long-lasting peace and justice. Separation of power, frequent elections and tools in the hands of Parliaments - all are means to ensure prevention of autocracy.

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The path of righteousness may be a difficult one but the peace it brings is worth emulating it. Gandhian concept of seven sins, Talisman and moral living all direct for a righteous and just society. Indian case of good governance is based on accumulated wealth of righteous behaviour of its leaders and institutions.

As Dr. A.P.J. Abdul Kalam mentioned:

“when there is righteousness in heart,  
there is beauty in character;  
when there is beauty in character,  
there is harmony at home;  
when there is harmony at home,  
there is order in the nation;  
when there is order in the nation;  
there is peace in the world.”

## खण्ड-B / Section-B

- Q.5 Advancement and diffusion of Knowledge is the only guardian of liberty.  
ज्ञान का विकास और प्रसार ही स्वतंत्रता का एकमात्र संरक्षक है।
- Q.6 The most terrible poverty is loneliness and the feeling of being unloved.  
सबसे भयंकर गरीबी अकेलेपन और उपेक्षित होने की भावना है।
- Q.7 That which does not kill us makes us stronger.  
जो हमें मारता नहीं, वह हमें और मजबूत बनाता है।
- Q.8 Be less curious about people and more curious about ideas.  
व्यक्तियों के प्रति कम और विचारों के प्रति अधिक उत्सुक रहिए।

Section-B

7. That which does not kill us makes us stronger.

A huge explosion heard. There was chaos all around. Dead bodies with melted skins were lying on the ground. Infrastructure was devastated, economy was nearly dead. This was the day when America carried out its 'Operation Manhattan' of bombing Japan with nuclear bombs in 1945. Japanese looked in dismay, losing near and

dear ones along with fear of radiation impacting future generations laid bare. Yet, there was strong resolution. Resolution, not to give up but stand up against all odds. With their determination and reliance on values of 'Kaizen' meaning continuous improvement, they marched forward in building not just the nation but their own better lives.

The bombs may have killed many, but what was not killed was the undeterred devotion to come back stronger!!

This essay explores the theme of how accidents of life have ability to kill, how what does not kill makes us stronger, the way to become stronger despite all odds and the path ahead. The journey unfolds....

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Accidents of life-ability to kill

Life is not a bed of roses. It is rather a boat set out in vast oceans of unsteady water where moments of ups and downs appear in cyclical manner.

Beyond the moments of joy and peace, lie instances of challenging times that hold the capacity to break even the strongest of all times.

These moments may range from disappointments in personal life to health scare of a family member from economic crises in a country to acts of terror that creates panic and fear. The list is long, so are the reactions to them. Those with weak mind and shivering heart will succumb never to come back to normal.

For example, defeat after WWII made Hitler so embarrassed that he committed suicide. His weak soul couldn't handle the temporary phase of storm. Those who remain clouded by sheath of fairy-tales without realizing the existence of other darker side are bound to be devastated.

Yet, those who have pragmatic view of life and believe in sine curve of highs and lows survive the worst of times. They have the indomitable will to face the circumstances and come out stronger. India faced crises of food security in 1950s, yet with its resolve to shine, it reaped the benefits of Green Revolution to now become a food exporter. Such is the power of will!!

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What does not kill, makes us stronger

Moreover, it is the perception of individual how they perceive the challenging times. The saying, 'Pain is inevitable, suffering is optional' highlights this significant aspect. Unwavering faith and determination to proceed helps in navigating times of adversity.

Similarly, it makes us look inwards and find light in the deep inner layers of our fears. The humiliating defeat in 1962 Sino-India war readied India to undergo indigenisation of defence to respond strongly in Operation Sindoor. Similarly, the economy transitioned from 'fragile five' to 'top five' due to perseverance & will to improve

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In addition to this, the bad times help us realize the infinite courage we carry. It is just that we need avenues to display that.

‘When the Goliath of devil comes knocking the door, send the David of courage to open it.’

This David of courage was sent when Manu Bhakar after facing a heartbreaking incident at Tokyo Olympics came out courageous in Paris Olympics by becoming the only Indian to win two medals at same event. Manjhi, the mountain man faced loss of his loving wife due to unavailability of road. He came out stronger and built a road all by himself to prevent future incidents. A true tribute to his wife !!

When do we fail to become stronger?

However, there may be instances when we fail to become stronger. This is true when actions do not follow correct analysis. The devastating incident of 2012 Nirbhaya rape case was repeated in 2024 Kolkata Medical College rape case. We failed to become stronger to prevent such abuse.

Moreover, there are times when lessons learnt are not emulated at ground. The back-to-back failures in crowd management from Mahakumbh Mela to RCB victory parade to Mansa Devi Temple stampede - highlights this case. Thus, appropriate follow up becomes absolute necessity to come out stronger.

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Yet, these incidents should not lower our morale, rather we must find strength and resolve to prevent them further.

° 'Winners make maximum mistakes, because they never quit'

That winner-like attitude should be ever displayed. If that was not so, India would never have won 1983 World Cup or China's resolve to overcome century of humiliation (1840 to 1940) would never have made it the 'super power' of the world. The commitment and determination are the key to face worst of times with calm and composure.

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The light at end of the tunnel

Additionally, the will power to not just overcome challenges of the moment but also to prevent them in future, counts. This emphasise continuous efforts.

‘Mazil milegi bhatak kar hi sahi  
Gumrah to woh hain jo ghar se nikle hie  
nahi’

The life is not about never falling but standing up every time we fall. The life's lessons are best way to experience our unwavering strength to success. Those who never toy remain naive and risk-averse. They tremble at the sight of something challenging.

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Eventually, the accidents of life that do not kill us cause inner renaissance where we acknowledge our weaknesses and work for improvements.

Buddha says,

'Aapo Deepah Bhavo'

(Be your own light !!)

In this journey to make us stronger we often find out-of-the-box and innovative solutions.

The invention of bulb by Thomas Alva Edison cost him 2000 times of failure. Yet, he persisted without an iota of dismay. He found new meaning of success.

Persistence makes us stronger

For example, the devastation caused by Tsunami of 2004 helped India strengthen its early warning systems to now leading to zero deaths in cyclones at our coasts.

The efforts of IAS officer Pradeep Kumar Jina, also known as 'cyclone saviour' are worthwhile to mention.

This points to the fact that

'Success is never final and failure is never fatal'.

The courage of conviction and ability to learn makes us stronger and wiser. It removes indecisiveness and readies us to face adversity with valour.

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The development of Sthit Pragya promote objective and rational decision making. It guides our mind to remain steadfast and determined. It completes the circle of strengthening ourselves despite the instances bound to kill us.

Having belief in following lines serves the purpose:

© If you can't fly, run  
If you can't run, walk  
If you can't walk, crawl.

For, it is the courage to move on that counts.

— Martin Luther King Jr.

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